

# George Lon Essay Winner 13 & Over

**Bethany Hill – Age 18  
New England School of Dance  
Auburn, NH**

Dance is the heartbeat of my life. The essence of which makes me tick, like the internal chiming of a grandfather clock that knows when it's time to awaken. I move to a pulse of a different drum whose rhythm defines me.

As long as I can remember, dance was part of my life. At first, it was a form of socialization through structured forms of education. There was the formation of a line and recalling my alphabetical place, as well as sing-a-long dance steps to nursery rhymes. At last, those important five essential ballet positions were introduced and I guess you could say a dancer was born. Family pride was gained. I was dancing, soaring if you will. My body and mind became intertwined, working as one. Through performance, patience grew and a strong work ethic developed. An inner drive to be better than myself occurred. I would watch and learn and take responsibility for the challenge set before me. Through the guidance of amazing teachers invaluable lessons were taught and discipline resulted.

I am dedicated to the art of dance. I feel strong, wise and in control of my body's limits. Dance has made me the individual I am...someone with confidence in my abilities, who is able to create for tomorrow what I learned yesterday and accomplished today. This is what dance has done for me, and in my heart, I am thankful.

## **13& Over Solo Nominees 2016**

***Birth of the Blues-Julia Pasquale***

NYB, Inc

North Reading, MA

***Uncomplicated Sight-Brittany Norton***

For Dancers Only

Little Falls, NJ

***Superpower-Summer Sheldrick***

Dance Academy of North Jersey

Lake Hopatcong, NJ

***Pressure-Kelsey Flanders***

In Motion Dance Project

Orlando, FL

<b><i>Pocket the Beat-Julia Greenough</i></b> Happiness Is...Dancing	Sudbury, ONT, Canada
<b><i>Hotel California-Erin Bailey</i></b> For Dancers Only	Little Falls, NJ
<b><i>Strange Bird-Michaela Marfori</i></b> In Motion Dance Project	Orlando, FL
<b><i>At First Sight-Kristilee Maiella</i></b> Dance Academy of North Jersey	Lake Hopatcong, NJ

### **13 & Over Solo Winners 2016**

<b>1<sup>st</sup> Place</b>	<b><i>HOTEL CALIFORNIA-ERIN BAILEY</i></b> <i>For Dancers Only-Little Falls, NJ</i>
<b>2<sup>nd</sup> Place</b>	<b><i>PRESSURE-KELSEY FLANDERS</i></b> <i>In Motion Dance Project-Orlando, FL</i>
<b>3<sup>rd</sup> Place</b>	<b><i>UNCOMPLICATED SIGHT-BRITTANY NORTON</i></b> <i>For Dancers Only-Little Falls, NJ</i>

### **13 & Over Duo/Trio Nominees 2016**

<b><i>Mr. Monotony</i></b> Diane Kelley Dance Studio	West Boylston, MA
<b><i>Unsaid</i></b> Paula Meola Dance & Performing Arts	Sterling, MA
<b><i>Metamorphosis</i></b> The Dance Slipper	Southwick, MA
<b><i>Arctic</i></b> In Motion Dance Project	Orlando, FL
<b><i>Anything You Can Do</i></b> For Dancers Only	Little Falls, NJ
<b><i>Gravity</i></b> Dance Academy of North Jersey	Lake Hopatcong, NJ
<b><i>Isolation</i></b> In Motion Dance Project	Orlando, FL
<b><i>The Farmer</i></b> Canadian School of Dance	Nepean, ONT, Canada

***Anyone Who Had A Heart***

Dance Academy of North Jersey

Lake Hopatcong, NJ

**13 & Over Duo/Trio Winners 2016**

**1<sup>st</sup> Place**

***METAMORPHOSIS***

*The Dance Slipper-Southwick, MA*

**2<sup>nd</sup> Place**

***GRAVITY***

*Dance Academy of North Jersey-Lake Hopatcong,*

*NJ*

**3<sup>rd</sup> Place**

***MR. MONOTONY***

*Diane Kelley Dance Studio – West Boylston, MA*

**13 & Over Small Group Nominees 2016**

***Roses***

MOBA Dance Academy

New Hyde Park, NY

***Higher Ground***

Dance Academy of North Jersey

Lake Hopatcong, NJ

***Tribe***

The King Centre For The Performing Arts

Wanaque, NJ

***Awaiting***

Paula Meola Dance & Performing Arts

Sterling, MA

***Unravel***

Greta Leeming Studio of Dance

Ottawa, ONT, Canada

***Looking Down***

Dance Academy of North Jersey

Lake Hopatcong, NJ

***Atonement***

Dance Academy of North Jersey

Lake Hopatcong, NJ

***Undertow***

Seven Star School of Performing Arts

Brewster, NY

***Sort Of***

For Dancers Only

Little Falls, NJ

## 13 & Over Small Group Winners 2016

<b>1<sup>st</sup> Place</b>	<b>AWAITING</b> <i>Paula Meola Dance &amp; Performing Arts-Sterling, MA</i>
<b>2<sup>nd</sup> Place</b>	<b>UNDERTOW</b> <i>Seven Star School of Performing Arts-Brewster, NY</i>
<b>3<sup>rd</sup> Place</b>	<b>HIGHER GROUND</b> <i>Dance Academy of North Jersey, Lake Hopatcong, NJ</i>

## 13 & Over Large Group Nominees 2016

<b><i>Eyes Wide Shut</i></b> Dana Hanes Dance Company	Manotick, ONT, Canada
<b><i>Electric Feel</i></b> Dance Academy of North Jersey	Lake Hopatcong, NJ
<b><i>Chairman's Waltz</i></b> Shannon O'Brien School of Dance	Seekonk, MA
<b><i>Go Solo</i></b> Greta Leeming Studio of Dance	Ottawa, ONT, Canada
<b><i>Tides</i></b> Paula Meola Dance & Performing Arts	Sterling, MA
<b><i>Vivaldi</i></b> Seven Star School of Performing Arts	Brewster, NY
<b><i>That's Life</i></b> Greta Leeming Studio of Dance	Ottawa, ONT, Canada
<b><i>Eternal Sunshine of the Spotless Mind</i></b> Dance Academy of North Jersey	Lake Hopatcong, NJ
<b><i>Drums and Taps</i></b> For Dancers Only	Little Falls, NJ
<b><i>The Rotten Ones</i></b> Seven Star School of Performing Arts	Brewster, NY

## 13 & Over Large Group Winners 2016

<b>1<sup>st</sup> Place</b>	<b>TIDES</b> Paula Meola Dance & Performing Arts- Sterling, MA
<b>2<sup>nd</sup> Place</b>	<b>ELECTRIC FEEL</b> Dance Academy of North Jersey-Lake Hopatcong, NJ
<b>3<sup>rd</sup> Place</b> Canada	<b>THAT'S LIFE</b> Greta Leeming Studio of Dance-Ottawa, ONT,

## 13 & Over Class Nominees 2016

<b>Hot Gates</b> The King Centre For The Performing Arts	Wanaque, NJ
<b>World War II</b> MOBA Dance Academy	New Hyde Park, NY
<b>Slow Drag</b> Canadian School of Dance	Nepean, ONT, Canada
<b>Goddess</b> For Dancers Only	Little Falls, NJ
<b>Spent</b> Dance Academy of North Jersey	Lake Hopatcong, NJ
<b>New York</b> MOBA Dance Academy	New Hyde Park, NY
<b>Tango</b> Shannon O'Brien School of Dance	Seekonk, MA
<b>Freedom</b> Dance Academy of North Jersey	Lake Hopatcong, NJ

## 13 & Over Class Winners 2016

**1<sup>st</sup> Place**

**WORLD WAR II**

MOBA Dance Academy-New Hyde Park, NY

**2<sup>nd</sup> Place**

**SPENT**

Dance Academy of North Jersey, Lake Hopatcong,

NJ

**3<sup>rd</sup> Place**

**SLOW DRAG**

Canadian School of Dance-Nepean, ONT, Canada

## 13 & Over Extended Nominees 2016

**Fire**

New Century Dance

Mountain View, CA

**Cell Block Tango**

Dance Academy of North Jersey

Lake Hopatcong, NJ

**The Sun**

The Dance Slipper

Southwick, MA

**Earthbound**

Shannon O'Brien School of Dance

Seekonk, MA

**Waiting**

For Dancers Only

Little Falls, NJ

**Noah's Ark**

Greta Leeming Studio of Dance

Ottawa, ONT, Canada

**Sticks**

Dana Hanes Dance Company

Manotick, ONT, Canada

**Monet**

Paula Meola Dance & Performing Arts

Sterling, MA

**Surrender**

Canadian School of Dance

Nepean, ONT, Canada

**58,308**

Dance Arts Centre

Forrestville, CT

## 13 & Over Extended Winners 2016

**1<sup>st</sup> Place**

**WAITING**

*For Dancers Only-Little Falls, NJ*

**2<sup>nd</sup> Place**

**CELL BLOCK TANGO**

*Dance Academy of North Jersey, Lake Hopatcong,  
NJ*

**3<sup>rd</sup> Place**

**STICKS**

*Dana Hanes Dance Company-Manotick, ONT,  
Canada*

## 13 & Over Production Nominees 2016

***The Factory***

*Dance Academy of North Jersey*

*Lake Hopatcong, NJ*

***Resonant Drums***

*New Century Dance*

*Mountain View, CA*

***River of Dreams***

*Shannon O'Brien School of Dance*

*Seekonk, MA*

## 13 & Over Production Winner 2016

**1<sup>st</sup> Place**

**THE FACTORY**

*Dance Academy of North Jersey, Lake Hopatcong,  
NJ*

## America's Young Choreographer of the Year Winner 2016

**Eternal Sunshine of the Spotless Mind**

**CHRIS KINSEY**

*Dance Academy of North Jersey  
Lake Hopatcong, NJ*

## America's Choreographer of the Year Nominees 2016

<i>Metamorphosis-Brenda Barna</i>	The Dance Slipper
<i>World War II-Jay Barrett/Joelle Cosentino</i>	MOBA Dance Academy
<i>Sticks-Dana Hanes</i>	Dana Hanes Dance Company
<i>Chairman's Waltz-Julie White</i>	Shannon O'Brien School of Dance
<i>Slow Drag-Linda Garneau</i>	Canadian School of Dance
<i>Reckoning Thoughts-Mary Grace McNally</i>	Diane Kelley Dance Studio
<i>Arctic-Amanda Plesa</i>	In Motion Dance Project
<i>Broken Heart-Vlad</i>	Canadian School of Dance
<i>Tread Water-Katy Spreadbury</i>	Diane Kelley Dance Studio
<i>Fellow Traveler-Jaclyn Walsh</i>	Dance Academy of North Jersey

## America's Choreographer of the Year Winner 2016

**RECKONING THOUGHTS**

**MARY GRACE MCNALLY**

Diane Kelley Dance Studio  
West Boylston, MA

# George Lon Memorial Award 2016

## The Elite Six

### ***Reckoning Thoughts***

Diane Kelley Dance Studio

### ***Macy's, 1954***

Dance Academy of North Jersey

### ***Attack/Transition***

For Dancers Only

### ***Broken Hearts***

Canadian School of Dance

### ***Fellow Traveler***

Dance Academy of North Jersey

### ***Tread Water***

Diane Kelley Dance Studio

# George Lon Memorial Award 2016

## Winner - \$5000

### **Broken Hearts**

Canadian School of Dance-Nepean, ONT, Canada

## 2<sup>nd</sup> Place \$3000

### **Tread Water**

Diane Kelley Dance Studio-West Boylston, MA

**3<sup>rd</sup> Place \$2000**

**Attack/Transition**

For Dancers Only-Little Falls, NJ

**4<sup>th</sup> Place \$500**

**Fellow Traveler**

Dance Academy of North Jersey-Lake Hopatcong, NJ

**5<sup>th</sup> Place \$500**

**Reckoning Thoughts**

Diane Kelley Dance Studio-West Boylston, MA

**6<sup>th</sup> Place \$500**

**Macys, 1954**

Dance Academy of North Jersey – Lake Hopatcong, NJ

